

# BLOOD GLUCOSE LOG FOR PATIENTS WITH TYPE 2 DIABETES

You may use this log to record your blood sugar (glucose) readings. If you have any questions, make sure to discuss them with your doctor or other member of your healthcare team.

Name: \_\_\_\_\_ My Doctor's Name: \_\_\_\_\_

Week of: \_\_\_\_\_ My Doctor's Phone Number: \_\_\_\_\_

Blood Glucose Log									
Date	Breakfast		Lunch		Dinner		Snack/Other		Comments
	Time	Reading	Time	Reading	Time	Reading	Time	Reading	

**Tip:** Make copies of this page to use each week.  
This form is designed to collect personal health information and should be maintained to protect from inadvertent disclosure.



CarePath Healthy Engagements is a comprehensive program designed to help improve the lives of people living with type 2 diabetes and assist those that care for them. [CarePathHealthyEngagements.com](http://CarePathHealthyEngagements.com)

This information has been developed by Janssen Pharmaceuticals, Inc., and made widely available to support patient and provider education.