

<<Plan Name>>

Dear <<Physician Name>>:

As partners in health care, we share a goal of ensuring that patients with type 2 diabetes (T2D) realize the best possible outcomes. Our records indicate that your patient(s):

<insert patient name>

<insert patient name>

<insert patient name>

may be having difficulty optimally managing <his/her/their> T2D.

Many patients struggle with adherence to treatment and self-management of T2D. This may be frustrating to a patient, and for you as a healthcare provider. I am writing to you today to let you know about CarePathHealthyEngagements.com, a patient support website from Janssen Pharmaceuticals, Inc.

CarePathHealthyEngagements.com is a digital suite that offers a full range of T2D management tools and resources dedicated to:

- Fostering patient and family engagement in their health care through self-management
- Promoting patient adherence by empowering them to keep on track
- Improving care coordination among diabetes care team members
- Supporting case management for your T2D patients

Here, you will find information and tools for you and your staff that may be used to engage and promote adherent behavior.

The wide range of informative and useful resources and downloadable tools available at CarePathHealthyEngagements.com are all designed to give you additional avenues to help patients with self-management.

You might be particularly interested in the following resources:

- T2D Treatment Tracker
- Blood Glucose Log

[Note to Case Manager: choose resources from the attached list and add as appropriate]

I invite you to explore CarePathHealthyEngagements.com yourself for additional resources and tools.

If you have any questions, please feel free to contact me.

Sincerely yours,

<<Case Manager Name>>

<<Plan Name>>

Available Resources for Patients With Uncontrolled Type 2 Diabetes

Choose from the resources below and attach to your letter to the HCP.

Diabetes and Your Body

Diabetes can affect many different parts of the body. This guide tells you about what happens when diabetes is not managed. You will also learn about how stress and depression can affect diabetes.

Meeting Your Goals

Part of taking care of your diabetes is making goals for your health. You will get tips on how to keep in good health by staying at a healthy weight and being active. You will also learn why regular trips to your diabetes healthcare team members are important.

What Happens If I Don't Keep My Blood Sugar in a Healthy Range?

When you have diabetes, it is important to keep your blood sugar at the right level. Here, you will learn what happens when your blood sugar gets too high, and how to keep it at the right level. You will also learn about why it's important to follow your medication plan, if you have one.

Blood Glucose Measurement Log

It is a good idea to write down your blood glucose (sugar) readings. You can use this log to keep track of them. Then you can share them with your doctor or other healthcare providers.

Why Your Body Mass Matters

You will learn about how your weight can affect diabetes. You will also find a chart to check your own body mass index.

T2D Treatment Tracker

You can keep track of all your treatment information in this handy log. There is room to write the names and numbers of your doctors, other important phone numbers, dates of medical visits, and other information.

Taking Good Care of Yourself

Managing diabetes means checking your blood sugar, eating healthy foods, and staying active. This guide will help you manage your diabetes.