

MIDWEST HEALTH PLAN: DIABETES CONTROL NETWORK¹

A Medicaid Health Plan Initiative

Description:

Midwest Health Plan created the Diabetes Control Network to identify members with diabetes and help improve care. The Diabetes Control Network identifies members with diabetes through a software system that supports disease management, case management, and utilization management functions. It provides a coordinated and efficient way to identify members eligible for the program, stratify them based on their disease severity, and track member interventions.

Interventions:

Members enrolled in the Diabetes Control Network received quarterly information and other materials focused on:

- Diabetes and complications.
- Medication use and adherence.
- Nutrition.
- Self-management skills.
- Treatment planning and the importance of follow-up with physicians.
- Lifestyle issues affecting diabetes.
- Depression.

Members also received reminders and incentives to complete recommended diabetes visits and testing. Primary care providers received education and information to improve the diabetes services they provided to members.

Additionally, health fairs and incentive letters were offered. Health fairs were conducted where diabetes services were offered, including dilated eye exams, blood pressure screenings, and podiatrist foot exams. Incentive letters were sent to members who were due for a lipid screening, microalbuminuria test, dilated eye exams, and A1C test where members received a \$10 gift card for each completed overdue test.



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Results:

Outcomes were measured through annual HEDIS® results. The ongoing interventions of the Diabetes Control Network program have demonstrated improvements in the delivery of services and better member and physician awareness.

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Midwest Health Plan has seen improvements in all HEDIS® measures for comprehensive diabetes care in 2010 through 2012.
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SELECT ANNUAL HEDIS COMPREHENSIVE DIABETES CARE MEASURE	2010	2011	2012
A1C screening	82.1%	88.5%	92.7%
Eye exam	59.7%	61.3%	61.5%
LDL-C screening*	79.2%	83.4%	84.7%
Nephropathy monitoring	86.5%	92.3%	97.8%

*LDL-C screening is no longer a HEDIS comprehensive diabetes care measure.

Reference: 1. Greenberg L; for Medicaid Health Plans of America Center for Best Practices. *Diabetes Care Best Practices Compendium*. Washington, DC: Medicaid Health Plans of America Center for Best Practices; 2013.



CarePath Healthy Engagements is a comprehensive program designed to help improve the lives of people living with type 2 diabetes and assist those that care for them. CarePathHealthyEngagements.com

This information has been developed by Janssen Pharmaceuticals, Inc. and made widely available to support patient and provider education.

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