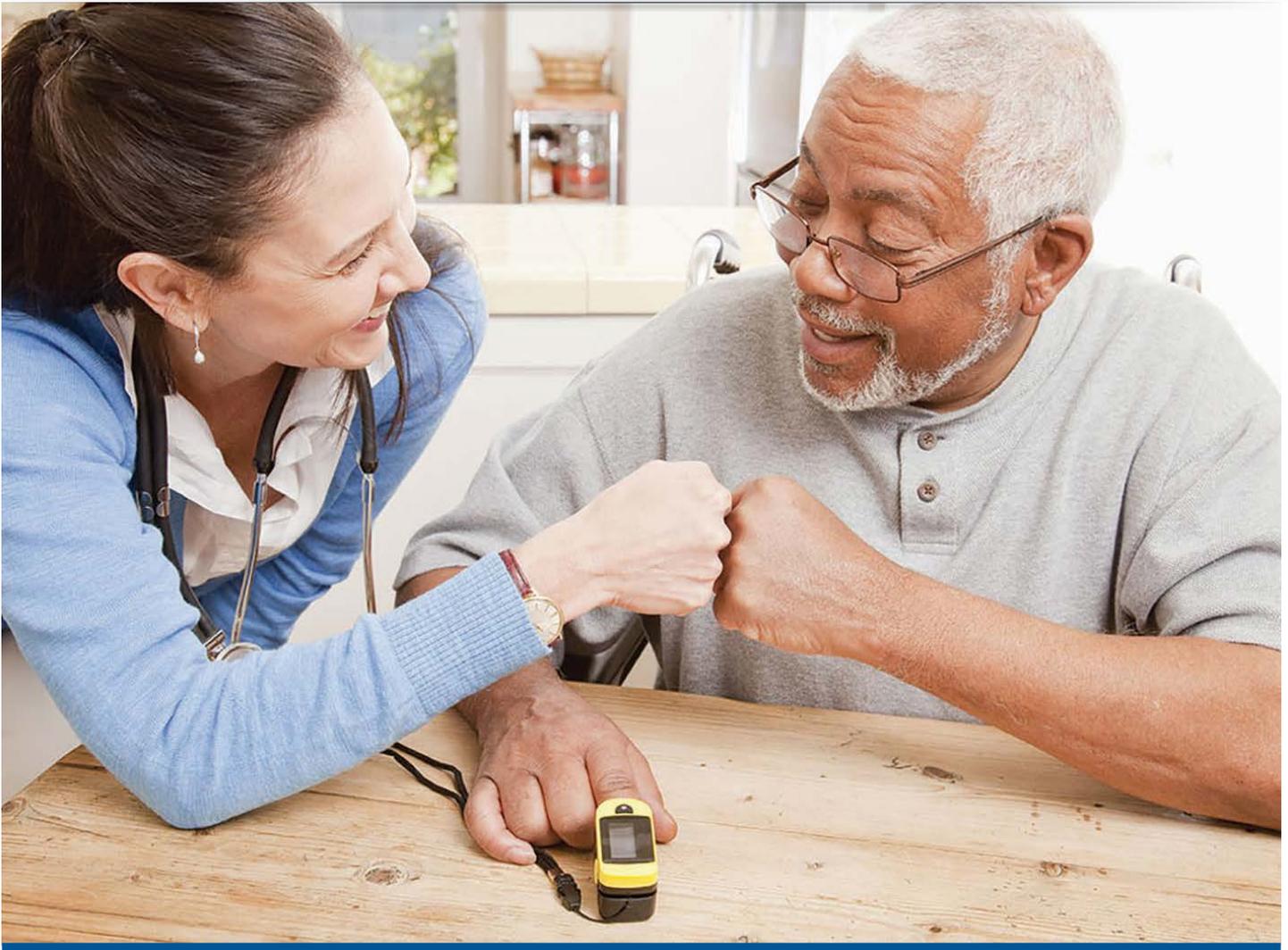


YOUR GUIDE TO RESOURCES FOR ADDRESSING PATIENT BARRIERS TO TREATMENT IN TYPE 2 DIABETES (T2D)



Social, psychological, environmental, and cognitive factors can create barriers that might affect a patient's ability to self-manage his or her T2D, or to follow a recommended treatment regimen. It is important for healthcare professionals to identify and address these obstacles in the care plan, and directly with the patient.

We have created a questionnaire titled *Assessing the Treatment Barriers for Patients With T2D*, which may help you determine if any barriers to treatment exist. We also have additional tools that may help you identify and address patient barriers. Some of these tools are for you to use in designing a treatment plan and counseling patients; others may be provided directly to patients as an educational tool to help them overcome potential issues. Tools for patient use are indicated with a **P**.

A list of tools available to help address barriers is noted below. We have categorized the tools by the barrier each is most likely to help address; however, they may address more than one issue. Links to the tools, which are available as downloadable pdfs at www.CarePathHealthyEngagements.com are also provided.

Tools for case managers and care coordinators to address treatment barriers



Case Manager's Coding Guide for Care Coordination Services



Hospital Discharge Medication List for Patients With T2D



Diabetes Care Primer for Case Managers



Diabetes Care Guide for Healthcare Providers



Diabetes Case Manager Interview Guide



Challenges in the Management of T2D



T2D Fact Sheet for HCPs



Care Coordination Resource List

Tools to help you address communication barriers



Assessing the Treatment Barriers for Patients With T2D



Engaging Patients With Diabetes



Body Mass Index (BMI): An Important Tool for Your Patients



Taking Charge of Your Health Care **P**



Diabetes and Your Body **P**



Why Your Body Mass Matters **P**

Tools to help you address personal barriers



Taking Good Care of Yourself **P**

Tools to help you address self-management barriers



Hypoglycemia and T2D



T2D Treatment Tracker **P**



Diabetes Lifestyle Modifications



What Happens If I Don't Keep My Blood Sugar in a Healthy Range? **P**



Blood Glucose Measurement Log **P**



What I Need to Know About My Blood Sugar **P**



Caregiver Fact Sheet **P**



Meeting Your Goals **P**



My Diabetes Numbers **P**

Tools to help you address care barriers



Your Diabetes Healthcare Team and You **P**